



Jason Sadler

President of Cigna International Markets

Jason Sadler leads Cigna Corporation's international business, a rapidly growing division with more than 23,000 employees serving individual customers and employer groups around the world.

Jason is responsible for realizing Cigna's mission to help improve the health, well-being and peace of mind for more than 12 million customers in over 200 countries and jurisdictions, including parts of the U.S. He has expanded Cigna's offering including the company's Global Individual Private Medical Insurance business for high-net-worth globally mobile individual employees and retirees. He oversees partnerships with a wide range of employer groups.

Jason also manages the entry of Cigna into new markets and service areas. He successfully led market entry in India and Turkey, and directed the acquisition of Zurich Insurance Middle East, which allowed Cigna to be a premium provider of both health and wellness services to individuals, groups and government entities across the Middle East. Most recently, the acquisition of OnePath in New Zealand made Cigna the third largest life insurer in the country. Under Jason's leadership, the international business has more than doubled in size over the past seven years.

Jason has more than 25 years' experience in the insurance industry. Prior to joining Cigna in 2010, he spent 16 years with HSBC, most recently as Managing Director, Insurance Business Hong Kong. He grew the operation to become the number one insurance company in Hong Kong across all four business lines (Life, Retirement Benefits, General Insurance and Group Medical Insurance) for the first time in its history.

Prior to this, Jason held a series of increasingly senior roles at HSBC in North America, South America and Europe. Before joining HSBC, he worked in the U.K. with Axa Insurance and Zurich Financial Services.

Jason graduated from Swansea University in the U.K. with a degree in Business Studies (BSc).



Phil Austin

CEO Europe

Phil Austin is CEO - Europe. As part of the international Health Solutions leadership team, Phil is accountable for leading Cigna's strategic market development to drive accelerated growth in Europe. Phil is also responsible for Cigna's domestic health care business in Spain and the UK, as well as Cigna Insurance Services in the UK.

Phil joined Cigna in 2002 as Partnership Director for the UK HealthCare Benefits business. He has held a number of leadership roles within the business, including Health, Life & Accident (HL&A) Europe Sales and Marketing Director, Interim CEO for HL&A Europe, and Managing Director for Cigna's domestic health care businesses in the UK and Spain and Global Head of Cigna's Individual PMI business.

Phil spearheaded the strong growth of Cigna's Global Individual Private Medical Insurance (IPMI) business, which provides solutions for high net worth and globally mobile individuals in more than 150 countries. Phil moved into the role of Managing Director for Cigna's UK domestic health care business in 2015. Most recently he has been responsible for overseeing the development and launch of the award-winning Cigna Virtual Health® – a market first in integrated digital health care solutions for employers in the UK.

Based in Cigna's UK headquarters in Greenock, Phil is happiest spending time at home in Winchester with his wife and four children. Phil is a keen rugby enthusiast and avid golfer.



Peter Mills

Associate medical director

Credentials: MB BS, MSc, MD, MRCP

Dr Mills is the clinical director for Cigna Europe responsible for the medical management of the European corporate book of business.

Peter trained in medicine at the Royal Free Hospital School of Medicine in London. He is an accredited specialist in respiratory diseases and still practices medicine on a part-time basis at the Whittington Hospital in London.

Peter has been at the forefront of the digital health 'revolution' over the past 15 years having been integrally involved in a number of organisations in the UK and US, helping them develop their market ready solutions.



GUEST PANELLIST

Samantha Smith

Ph.D. Organisational psychologist

Samantha Smith is a life-enrichment educator, mindfulness coach and motivational speaker.

She facilitates workshops in the U.S. and abroad on stress management, mindfulness and personal growth and has also pioneered several national and international relief projects.

Samantha studied and conducted research in the field of Psychology at the University of Southern California and Smith College in Massachusetts where she completed her Masters in Social Work. Subsequently, Samantha worked as a traditional psychotherapist for 12 years, ultimately evolving her practice to include greater holistic methodologies embracing both Eastern and Western philosophies.

Samantha has also been partnering with Cigna EAP since 2010, including serving as one of Cigna's on-site EAP counsellors for a Fortune 100 company.

Recently, Samantha has been consulting with corporations, assisting in the development and implementation of tailor-made mindfulness initiatives and stress management video and audio productions.

In her personal life, Samantha finds great satisfaction in her daily meditation practice and from maintaining and cooking from her organic vegetable garden.



KEYNOTE SPEAKER

Ben Smith

Ben Smith has recently completed 401 marathons in 401 days all over the UK, equating to 10,506 miles, which is the distance from London to Sydney. The challenge raised in excess of £300,000 for two anti-bullying charities, Stonewall and Kidscape.

Ben is one of the most inspirational and courageous speakers in the UK. Ben's experiences in life have led him to where he is today, the days where he lacked confidence and direction in his life. He had to adapt, think about things differently, recondition his thought processes and open himself up to new, exciting and scary things.